Nutrients **2015**, *7*, 3767-3782; doi:10.3390/nu7053767

OPEN ACCESS

nutrients

ISSN 2072-6643

www.mdpi.com/journal/nutrients

Article

Hypolipidemic Effects and Safety of *Lactobacillus Reuteri* 263 in a Hamster Model of Hyperlipidemia

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Received: 11 March 2015 / Accepted: 12 May 2015 / Published: 15 May 2015

Abstract: We aimed to verify the beneficial effects of probiotic strain *Lactobacillus reuteri* 263 (Lr263) on hypolipidemic action in hamsters with hyperlipidemia induced by a 0.2% cholesterol and 10% lard diet (*i.e.*, high-cholesterol diet (HCD)). Male Golden Syrian hamsters were randomly divided into two groups: normal (n = 8), standard diet (control), and experimental (n = 32), a HCD. After a two-week induction followed by a six-week supplementation with Lr263, the 32 hyperlipidemic hamsters were divided into four groups (n = 8 per group) to receive vehicle or Lr263 by oral gavage at 2.1, 4.2, or 10.5×10^9 cells/kg/day